

## Bilan par épreuve

## FEMMES

|                     |          |                      |      |     |                                                   |                        |     |  |
|---------------------|----------|----------------------|------|-----|---------------------------------------------------|------------------------|-----|--|
| <b>5 Km Route</b>   |          | Chronométrage manuel |      |     |                                                   |                        |     |  |
| 1                   | 22'17"   | ALONSO Pascale       | 1968 | VEF | 30/04/2023                                        | Chassieu               | D3  |  |
| 2                   | 23'56"   | CONNES Chloe         | 2006 | CAF | 16/10/2022                                        | Caluire et cuire       | D5  |  |
| <b>10 Km Route</b>  |          | Chronométrage manuel |      |     |                                                   |                        |     |  |
| 1                   | 43'04"   | LAPALUD Cassandre    | 2005 | JUF | 30/04/2023                                        | La garde               | R3  |  |
| 2                   | 46'53"   | ALONSO Pascale       | 1968 | VEF | 26/03/2023                                        | Aix les bains          | R6  |  |
| 3                   | 47'08"   | CLAVELIER Julie      | 1995 | SEF | 16/04/2023                                        | Annecy                 | D1  |  |
| 4                   | 49'40"   | VEST Laure           | 1996 | SEF | 02/10/2022                                        | Lyon                   | D3  |  |
| 5                   | 50'49"   | CHASSE Cheyenne      | 2005 | JUF | 05/03/2023                                        | Bourg en bresse        | D4  |  |
| 6                   | 51'40"   | KIRCHHOFFER Helene   | 1975 | VEF | 19/03/2023                                        | Villeurbanne           | D4  |  |
| 7                   | 52'24"   | VEST Lucile          | 1999 | SEF | 02/10/2022                                        | Lyon                   | D5  |  |
| 8                   | 53'10"   | DELACHAMBRE Agnes    | 1974 | VEF | 19/03/2023                                        | Villeurbanne           | D5  |  |
| 9                   | 1h06'55" | LECLERC Lea          | 1995 | SEF | 02/10/2022                                        | Lyon                   | D8  |  |
| <b>20 Km Route</b>  |          | Chronométrage manuel |      |     |                                                   |                        |     |  |
| 1                   | 2h16'41" | NANDRON Corinne      | 1970 | VEF | 30/10/2022                                        | Marseille              | D8  |  |
| 2                   | 2h16'41" | BORJA Chrystele      | 1967 | VEF | 30/10/2022                                        | Marseille              | D8  |  |
| 3                   | 2h25'20" | BEAURAIN Catherine   | 1967 | VEF | 30/10/2022                                        | Marseille              | D8  |  |
| 4                   | 2h30'07" | PEREZ Sylviane       | 1969 | VEF | 30/10/2022                                        | Marseille              | D8  |  |
| <b>1/2 Marathon</b> |          | Chronométrage manuel |      |     |                                                   |                        |     |  |
| 1                   | 1h21'48" | DELORD Caroline      | 1989 | SEF | 05/03/2023                                        | Bourg en bresse        | N4  |  |
| 2                   | 1h34'31" | DUVERNAY Orlane      | 1996 | SEF | 05/03/2023                                        | Bourg en bresse        | R3  |  |
| 3                   | 1h35'43" | DURET Helene         | 1981 | VEF | 05/03/2023                                        | Bourg en bresse        | R3  |  |
| 4                   | 1h42'22" | CLAVELIER Julie      | 1995 | SEF | 05/03/2023                                        | Paris                  | R6  |  |
| 5                   | 1h48'32" | VEST Laure           | 1996 | SEF | 20/11/2022                                        | Venissieux             | D3  |  |
| 6                   | 1h49'39" | WAGNER Anais         | 2003 | ESF | 15/04/2023                                        | Annecy                 | D3  |  |
| 7                   | 1h54'22" | VEST Lucile          | 1999 | SEF | 20/11/2022                                        | Venissieux             | D4  |  |
| 8                   | 2h09'11" | PINEAU Marie-laure   | 1966 | VEF | 05/03/2023                                        | Bourg en bresse        | D7  |  |
| <b>Marathon</b>     |          | Chronométrage manuel |      |     |                                                   |                        |     |  |
| 1                   | 3h55'07" | VEST Laure           | 1996 | SEF | 02/04/2023                                        | Paris                  | R4  |  |
| 2                   | 4h34'22" | PINEAU Marie-laure   | 1966 | VEF | 23/04/2023                                        | Londres                | D5  |  |
| 3                   | 4h51'45" | FAVRE Marie-myriam   | 1980 | VEF | 02/04/2023                                        | Paris                  | D7  |  |
| <b>Marathon</b>     |          | Chronométrage manuel |      |     | Conditions favorables (plus de 1m/km de dénivelé) |                        |     |  |
| 1                   | 3h14'26" | CORGIER Vanessa      | 1990 | SEF | 19/11/2022                                        | Villefranche sur saone | IR2 |  |
| 2                   | 3h21'19" | HODIEUX Elena        | 1979 | VEF | 19/11/2022                                        | Villefranche sur saone | IR3 |  |
| 3                   | 4h28'48" | CHATELUS Marlene     | 1971 | VEF | 19/11/2022                                        | Villefranche sur saone | D4  |  |
| 4                   | 4h29'09" | DOZIER Pascale       | 1973 | VEF | 19/11/2022                                        | Villefranche sur saone | D4  |  |
| 5                   | 4h38'22" | BRULEY Catherine     | 1964 | VEF | 19/11/2022                                        | Villefranche sur saone | D5  |  |

## HOMMES

|                    |        |                      |      |     |            |                  |     |  |
|--------------------|--------|----------------------|------|-----|------------|------------------|-----|--|
| <b>5 Km Route</b>  |        | Chronométrage manuel |      |     |            |                  |     |  |
| 1                  | 15'35" | COINDARD Elven       | 2005 | JUM | 16/10/2022 | Albi             | IR3 |  |
| 2                  | 15'56" | CHEVALIER Sylvain    | 2005 | JUM | 16/10/2022 | Albi             | IR4 |  |
| 3                  | 16'24" | CHANTREAU Jules      | 2003 | ESM | 03/10/2022 | Lille            | R2  |  |
| 4                  | 18'29" | LEBORGNE Thibault    | 1994 | SEM | 02/04/2023 | Roanne           | D2  |  |
| 5                  | 18'41" | BAILLY Auguste       | 2006 | CAM | 04/09/2022 | Venissieux       | D3  |  |
| 6                  | 23'59" | CONNES Philippe      | 1977 | VEM | 16/10/2022 | Caluire et cuire | D8  |  |
| <b>10 Km Route</b> |        | Chronométrage manuel |      |     |            |                  |     |  |
| 1                  | 30'54" | BASSET Basile        | 2002 | ESM | 19/03/2023 | Villeurbanne     | N4  |  |

|    |          |                     |      |     |            |                  |     |
|----|----------|---------------------|------|-----|------------|------------------|-----|
| 2  | 31'28"   | LAVIEILLE Florent   | 1996 | SEM | 05/03/2023 | Bourg en bresse  | IR1 |
| 3  | 32'56"   | GONIN Arthur        | 1999 | SEM | 26/03/2023 | Houilles         | IR3 |
| 4  | 33'52"   | GUICHARD Florian    | 1984 | VEM | 19/03/2023 | Villeurbanne     | IR4 |
| 5  | 33'53"   | LESSARD Antoine     | 1976 | VEM | 19/03/2023 | Villeurbanne     | IR4 |
| 6  | 34'10"   | GOYET Clement       | 2002 | ESM | 19/03/2023 | Villeurbanne     | IR4 |
| 7  | 34'33"   | COINDARD Elven      | 2005 | JUM | 19/03/2023 | Villeurbanne     | R1  |
| 8  | 36'25"   | KIRCHHOFFER Jules   | 2007 | CAM | 19/03/2023 | Villeurbanne     | R3  |
| 9  | 39'54"   | MONTIBERT Adam      | 2007 | CAM | 20/11/2022 | Venissieux       | D2  |
| 10 | 39'57"   | PIRAO Alban         | 2007 | CAM | 19/03/2023 | Villeurbanne     | D2  |
| 11 | 41'44"   | BIALEK Gerard       | 1962 | VEM | 30/04/2023 | Chassieu         | D4  |
| 12 | 41'50"   | PETIT Michel        | 1962 | VEM | 20/11/2022 | Venissieux       | D4  |
| 13 | 47'59"   | CRINIÈRE Clement    | 2006 | CAM | 19/03/2023 | Villeurbanne     | D7  |
| 14 | 48'27"   | NETICHE Farid       | 1981 | VEM | 11/12/2022 | Thiais           | D7  |
| 15 | 52'02"   | THOMAS Franck       | 1966 | VEM | 02/04/2023 | Roanne           | D8  |
| 16 | 53'59"   | HEYMANN Ronny       | 1976 | VEM | 16/10/2022 | Caluire et cuire | D8  |
| 17 | 1h01'30" | CARRIER Jean-claude | 1953 | VEM | 20/11/2022 | Venissieux       | D8  |
| 18 | 1h07'13" | BADIE Olivier       | 1975 | VEM | 02/10/2022 | Lyon             | D8  |
| 19 | 1h11'58" | LECLERC Bertrand    | 1957 | VEM | 02/10/2022 | Lyon             | D8  |

**20 Km Route**

Chronométrage manuel

|   |          |                   |      |     |            |           |    |
|---|----------|-------------------|------|-----|------------|-----------|----|
| 1 | 1h52'12" | BERNIGAUD Raphael | 1969 | VEM | 30/10/2022 | Marseille | D8 |
| 2 | 1h54'47" | PONSERO Rene      | 1950 | VEM | 30/10/2022 | Marseille | D8 |
| 3 | 1h56'22" | BERNY Yvon        | 1963 | VEM | 30/10/2022 | Marseille | D8 |

**1/2 Marathon**

Chronométrage manuel

|    |          |                     |      |     |            |                 |     |
|----|----------|---------------------|------|-----|------------|-----------------|-----|
| 1  | 1h13'21" | SENECHAL Nicolas    | 1986 | VEM | 05/03/2023 | Bourg en bresse | IR3 |
| 2  | 1h15'14" | CHANTREAU Jules     | 2003 | ESM | 12/03/2023 | Lisbonne        | IR4 |
| 3  | 1h17'41" | LESSARD Antoine     | 1976 | VEM | 20/11/2022 | Venissieux      | R2  |
| 4  | 1h18'33" | GARDET Denis        | 1971 | VEM | 05/03/2023 | Bourg en bresse | R2  |
| 5  | 1h24'33" | PERONIN Sebastien   | 1979 | VEM | 18/09/2022 | Macon           | R6  |
| 6  | 1h27'26" | CATHERIN Christophe | 1980 | VEM | 18/09/2022 | Macon           | D1  |
| 7  | 1h28'07" | LEBORGNE Thibault   | 1994 | SEM | 05/03/2023 | Bourg en bresse | D1  |
| 8  | 1h28'38" | GAROD David         | 1968 | VEM | 05/03/2023 | Bourg en bresse | D1  |
| 9  | 1h33'16" | BIALEK Gerard       | 1962 | VEM | 15/04/2023 | Annecy          | D2  |
| 10 | 1h35'52" | SERMONDADAZ Jacques | 1959 | VEM | 05/03/2023 | Bourg en bresse | D3  |
| 11 | 1h39'25" | PONTHUS Jean-luc    | 1960 | VEM | 05/03/2023 | Bourg en bresse | D4  |
| 12 | 1h41'47" | VIGUIER Matthieu    | 1984 | VEM | 05/03/2023 | Bourg en bresse | D5  |
| 13 | 1h43'00" | GAUNET Sylvain      | 1976 | VEM | 02/10/2022 | Lyon            | D5  |
| 14 | 2h08'26" | HEYMANN Ronny       | 1976 | VEM | 02/10/2022 | Lyon            | D8  |

**Marathon**

Chronométrage manuel

|   |          |                   |      |     |            |        |    |
|---|----------|-------------------|------|-----|------------|--------|----|
| 1 | 2h48'57" | GARDET Denis      | 1971 | VEM | 16/04/2023 | Annecy | R2 |
| 2 | 3h00'32" | PERONIN Sebastien | 1979 | VEM | 02/10/2022 | Lyon   | R4 |
| 3 | 3h19'44" | CARMIER Jean      | 1994 | SEM | 16/04/2023 | Annecy | D1 |
| 4 | 3h31'09" | LEBORGNE Thibault | 1994 | SEM | 22/04/2023 | Nantes | D3 |

**Marathon**

Chronométrage manuel

Conditions favorables (plus de 1m/km de dénivelé)

|    |          |                  |      |     |            |                        |    |
|----|----------|------------------|------|-----|------------|------------------------|----|
| 1  | 2h44'42" | SENECHAL Nicolas | 1986 | VEM | 19/11/2022 | Villefranche sur saone | R1 |
| 2  | 3h29'04" | BIALEK Gerard    | 1962 | VEM | 19/11/2022 | Villefranche sur saone | D3 |
| 3  | 3h42'40" | ALBERT Sebastien | 1977 | VEM | 19/11/2022 | Villefranche sur saone | D5 |
| 4  | 3h48'13" | COISNE Dominique | 1969 | VEM | 19/11/2022 | Villefranche sur saone | D5 |
| 5  | 3h53'44" | DEGRANDI Herve   | 1959 | VEM | 19/11/2022 | Villefranche sur saone | D6 |
| 6  | 4h02'29" | CAMPOS Bruno     | 1967 | VEM | 19/11/2022 | Villefranche sur saone | D7 |
| 7  | 4h17'18" | ROCHE Michel     | 1963 | VEM | 19/11/2022 | Villefranche sur saone | D8 |
| 8  | 4h28'46" | SOUSTRE Alain    | 1969 | VEM | 19/11/2022 | Villefranche sur saone | D8 |
| 9  | 4h34'59" | MAI Frederic     | 1962 | VEM | 19/11/2022 | Villefranche sur saone | D8 |
| 10 | 4h37'56" | MONCEL Serge     | 1961 | VEM | 19/11/2022 | Villefranche sur saone | D8 |

**Ekiden**

Chronométrage manuel

|   |          |  |     |            |      |  |
|---|----------|--|-----|------------|------|--|
| 1 | 2h30'49" |  | SEM | 25/03/2023 | Bron |  |
|---|----------|--|-----|------------|------|--|

CHWASTEK Romain (JUM/05) / 5000:18'35", GUICHARD Florian (M0M/84) / 10000:34'40", LEBORGNE Thibault (SEM/94) / 5000:18'53", GOYET Clement (ESM/02) / 10000:34'35", MOIROUX Robin (SEM/00) / 5000:19'18", LESSARD Antoine (M2M/76) / 7195:24'48"